



ANNUAL REPORT

THE CARe NETWORK 2022

Annual report The CARE Network 2022

The CARE Network for Recovery and Inclusion is an international non-profit network which serves professionals, service users and organizations to promote the transition from institutional to community-based and recovery-oriented care. The CARE Network is active in the field of mental health care, psychosocial and vocational rehabilitation of persons with mental health vulnerability. We connect practice, research, and education. The CARE Network has been established in 2011. Members are individual persons (professionals, consumers, activists), services, consumer organisations, national associations, educational and research institutes. At the moment The CARE Network has members in 16 different countries. In CARE Academy we develop and offer courses based on co-production. The courses are created together by people with various backgrounds including people with lived experience with mental health challenges. Also the Board of Advisors consists of people with their own lived experience.

In 2022, when the covid pandemic finally subsided, the Russian invasion of Ukraine began. We connected with our members in countries that had also experienced the effects of the atrocities of war, and we tried to help. Besides that, we devoted a large part of the conference in Split to this topic. We hope that our experience in the field of building a psychosocial assistance system can be shared and used.

EVENTS

We continued in organizing free webinars. We were pleased to have opportunity to cooperate with wonderful people – experts and experts by experience.

- Webinar for The Ministry of Health Czech Republic – The CARE approach (3/2022)
- Open Dialogue: Experience from 4 countries (4/2022) available [here](#).
- Working with Experiential Knowledge in Mental Health (5/2022) available [here](#).
- Role of The Peer Work in Mental Health (6/2022) available [here](#).

The [Summer School](#) was held for Czech trainers in Ledce, Czech Republic with Dirk den Hollander and Luciano Maffioli DelCastelletto.

In October 2022 after three years there was in-person meeting of the network in the city of Split. It composed of two closely interrelated events.

The [NEW DEVELOPMENTS IN THE CARE MODEL TRAINING](#) was intended as a follow up Model CARE training to support CARE trainers, CARE coaches and auditors in their professional practice, to embrace the strengths of The CARE Network and keep good quality of Model CARE practice. We are very delighted, that we could welcome 35 experienced CARE trainers, CARE coaches and auditors from 6 countries across the Europe and Asia.





The [RECOVERY AND RESILIENCE CONFERENCE](#) was hosted by the NGO's [Susret](#) and [Feniks](#). It was a very lively and interactive meeting, sharing knowledge, experiences, and feelings. The first day we focused on how we can transform and enrich mental health care in general. The second day was dedicated to the challenges connected to the Ukraine crisis. There were 61 participants from 10 countries present.



On the eve of the Recovery and Resilience conference (5th of October 2022), a **special workshop** organised by the [Feniks association](#) took place. We became part of a community for a while, people who are united by their experience of mental health services and recovery. On the agenda was the making of very practical chairs. We had a great time.



TRAININGS

E-LEARNING PROGRAMS

„Know what are the rights of persons with disability“

„Nonprofit social media marketing“

In 2022 nine participants successfully completed online training Certified Practitioner CARE Model.

PUBLICATIONS

Hollander, D. D., & Wilken, J. P. (2022). *Handboek Steunend Relationeel Handelen*.

Hollander, D. D., & Wilken, J. P. (2022). *Handbook of supportive relational practice: Working toward recovery and quality of life* [Czech translation]

PEOPLE

Chairman of the board: Jean Pierre Wilken

Head trainer: Jana Pluhaříková Pomajzlová

General coordinator: Pavel Říčan

Communication: Gašper Krstulović

Administrator: Cees van der Zant

Board of Advisors: Dirk den Hollander, Anna Kudiyarova, David Blazey, Ada Stojanovic Babic, Gulzhan Amageldinova, Aster Tooma

In 2022 Anna Kudiyarova from Kazakhstan and David Blazey from the UK left their positions in the Board of Advisors. We very much appreciate their engagement and everything they did for our network. We had the pleasure to welcome Gulzhan Amageldinova from Kazakhstan to the position of the Board member.

Stichting The CARE Network

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