



# ANNUAL REPORT

THE CARe NETWORK 2021

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# Annual report The CARE Network 2021

The CARE Network for Recovery and Inclusion is an international non-profit network which serves professionals, service users and organizations to promote the transition from institutional to community-based and recovery-oriented care. The CARE Network is active in the field of mental health care, psychosocial and vocational rehabilitation of persons with mental health vulnerability. We connect practice, research, and education. The CARE Network has been established in 2011. Members are individual persons (professionals, consumers, activists), services, consumer organisations, national associations, educational and research institutes. At the moment The CARE Network has members in 16 different countries. In CARE Academy we develop and offer courses based on co-production. The courses are created together by people with various backgrounds including people with lived experience with mental health challenges. Also the Board of Advisors consists of people with their own lived experience.

In 2021 the team of active trainers started to cooperate efficiently. Brand new online training for mental health practitioners was developed and launched. The Board of Advisors began to meet more frequently, which brought new initiatives.

In the Czech Republic training of CARE auditors was organized in framework of project to develop quality of care in community mental health services. See more about training of auditors here and about study visits in framework of the project here.

Besides this we organized high quality webinars for professional public and people with lived experience.

## EVENTS

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Free webinars:

- Experiencing recovery - personal stories and recovery perspectives 2x (2/2021)
- From invisible to visible – from the institution to the community (3/2021)
- Recovery colleges (5/2021)
- Empowerment (11/ 2021)

Presentation at Eighth Disability Studies conference in Hungary (11, 2021) was given by Jean Pierre Wilken. See more here.

Sharing good practices and organization of online study visits (e.g. for 5 social welfare homes in Croatia, online visit at Domov Na cestě, Czech Republic)

## TRAININGS

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E-LEARNING PROGRAMS

„Know what are the rights of persons with disability“

„Nonprofit social media marketing“

The new online training titled Certified Practitioner CARE Model opened for first group of participants. It consists of 8 modules and has 75 hours in total. See more here.

## PUBLICATIONS

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Wilken, J.P. (2021). The CARE-model. The relationship as the heart of good care. Relational Social work (pp. 34-47) Vol. 5, n.1, April 2021.

## PEOPLE

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Chairman of the board: Jean Pierre Wilken

Head trainer: Jana Pluhaříková Pomajzlová

General coordinator: Zsolt Bugarszki/Pavel Říčan

Communication: Jodee Lim/ Gašper Krstulović

Board of Advisors: Dirk den Hollander, Anna Kudiyarova, David Blazey, Ada Stojanovic Babic, Gulzhan Amageldinova, Aster Tooma

In 2021 Zsolt Bugarszki left the position of general coordinator. We are grateful to him for his contribution to The CARE Network which he helped to build and expand. Pavel Říčan from the Centre for Mental Health Care Development in Prague took his place. Besides that, we were pleased to welcome Aster Tooma from Estonia to the position of Board member.

## Stichting The CARE Network

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